



HOW WILL WE KNOW WHEN TO INVOLVE COMMUNITY HOSPICE?

The following self-assessment can help you consider if the time is right to begin receiving care and support from Community Hospice of Northeast Florida for you or your loved one.

Self-assessment

Check all the statements that apply.

Lately, I need assistance:

- Getting out of bed
- Walking
- Preparing meals
- Eating
- Getting dressed
- Taking a shower or bath
- I've become weaker and more fatigued.
- I'm becoming short of breath, even at rest.
- I've lost weight.
- I've fallen several times in recent months.
- I've been hospitalized or needed emergency care several times in the past year:
- The pain medications I take are not working as well as they used to.
- I spend a good part of my day lying in bed or just sitting.
- I am experiencing swelling.
- I am on oxygen most of the time.
- I am calling my doctor more often than I used to.
- My doctor has said that my life expectancy is limited.

How many statements did you check? If you checked four or more, you could benefit from Community Hospice care. Physical care and resources, emotional and spiritual support, and help for both you and your loved ones are all available from Community Hospice.

Please do not hesitate to call our referral number at 904.407.6500 (866.253.6681 toll-free) or visit our Web site to learn more about how you and your loved one can begin receiving the support you deserve.



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communityhospice.com